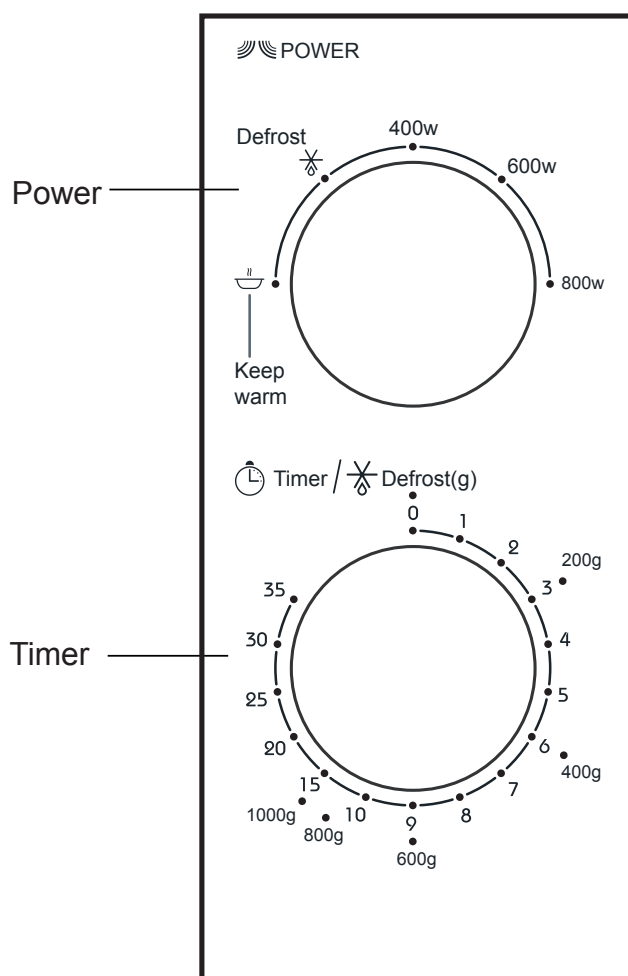


# HOW TO USE THE MICROWAVE



Function/Power	Output	Application
<b>Keep warm</b>	17% micro.	Soften ice cream
<b>Defrost</b>	33% micro.	Soup stew, soften butter or defrost
400w	55% micro.	Stew, fish
600w	77% micro.	Rice, fish, chicken, ground meat
800w	100% micro.	Reheat, milk, boil water, vegetables, beverage

- 1** Set cooking power by turning the power knob to desired level.
  - 2** Set the time of cooking by turning the timer knob to desired time per your food cooking guide. The microwave oven will automatically start cooking after power level and time are set.
  - 3** After the cooking time is up, the unit will «Dong» to stop.
- If the unit is not in use, always set time to «0».**

