

Make the most of your membership by using the social spaces & attending events across all London Chapters

SEMESTER TWO  
Jan-April 2022

YOUR  
GOLDEN  
TRAVEL  
EVENTS

CHAPTER  
LONDON

# Welcome

## TO YOUR SEMESTER TWO EVENT GUIDE...

Being a member of Chapter means you have exclusive access to the incredible social spaces at all Chapter locations across London.

Simply show your Chapter member card at reception or to security on the door and they'll let you through.

And it's not just the social spaces that you have access to, you can attend all the exciting events at the other Chapters too.



*Chapter is your home and you have access to everything on offer.*

We're excited to maintain a combined schedule of in-person and virtual events across Chapter and will continue to be mindful of social distancing so that you can enjoy our events programme whilst still feeling secure.

Select events can be booked via your Chapter Service app and your Reception team will be on hand to provide more information on how we're keeping our Chapter community safe.



**CHAPTER LEWISHAM**  
"When Chapter throws events, you get to meet people from different cultures."  
**Dami, Goldsmiths**



**CHAPTER SPITALFIELDS**  
"I could not imagine being in London and not living here."  
**Anya, University of Law Moorgate**



## MEMBER Benefits

BEING A RESIDENT OF CHAPTER MEANS YOU ENJOY EXCLUSIVE ACCESS TO ALL OF OUR LOCATIONS ACROSS LONDON.



**CHAPTER HIGHBURY**  
"The staff at Chapter are really nice and friendly... to be surrounded by people like that, it makes me feel at home."  
**Martha, London Metropolitan**



## FOLLOW US FOR UPDATES

@chapterlondon chapterlondon chapterldn



**DON'T FORGET**

AS A CHAPTER RESIDENT YOU ARE WELCOME AT ANY EVENT HELD AT ANY CHAPTER LOCATION.

*Just bring your membership card for entry*





# Social spaces

MAKE THE MOST OF YOUR EXCLUSIVE ACCESS TO THE INCREDIBLE FACILITIES AT ALL CHAPTER LOCATIONS ACROSS LONDON.



## CHECK 'EM OUT

### ALDGATE

- On site gym
- Courtyard
- Study room
- Games area
- Screening room

### OLD STREET

- On site gym
- Roof terrace
- Study space
- Courtyard
- Social space
- Meeting rooms

### HIGHBURY

- Private cinema
- On site gym
- Courtyard
- Cosy TV room
- Study space
- Social space

### PORTOBELLO

- On site gym
- Study space
- Games area
- Screening room
- Courtyard

### HIGHBURY II

- Games area
- Study space
- On site gym
- Cinema room

### SOUTH BANK

- Sky Lounge
- Games area
- Study space
- On site gym
- TV snug

### ISLINGTON

- Private cinema
- On site gym
- Study space
- Art studio
- Karaoke room
- Games area
- Social space
- TV area

### SPITALFIELDS

- 32nd floor bar
- 32nd floor lounge
- 33rd floor balcony
- 33rd floor library
- Auditorium
- Coffee bar

### KINGS CROSS

- On site gym
- Exercise studio
- Study space
- Games area
- Private cinema
- Social space
- Courtyard

- Karaoke rooms
- Games area
- Private cinema
- On site gym
- Study space

### LEWISHAM

- On site gym
- Terrace
- Study space
- TV room
- Games area

### WHITE CITY

- Games area
- Study space
- On site gym
- Social space



# Our events

ALL OUR EVENTS FALL UNDER ONE OF FOUR KEY THEMES THAT ARE EXTREMELY IMPORTANT TO US AT CHAPTER

## MINDFULNESS & WELLBEING



We're well aware of the stresses that come with being a student, so your health and wellbeing is at the forefront of our mind.

From breakfast clubs and fitness sessions, to pet therapy and stress management tips, we're here for you at Chapter.

## EQUALITY & DIVERSITY



Chapter is home to residents from all walks of life, so we want to make sure we're honouring the assortment of nationalities and cultures across all our properties.

Join us to celebrate national holidays and festivities, learn new things about other cultures and try food from around the world.

## COMMUNITY & CREATIVITY



From games nights and karaoke, to fun days out and friendly competitions, it's always nice to be able to let your hair down and unlock the creativity within.

Life's not always about being serious when you're a student, so these events are the perfect opportunity to let off some steam.

## CAREER & DEVELOPMENT



We recognise the importance of career development as a student and want to help give you the best starting point whilst staying at Chapter.

Progression sessions are scheduled throughout the year, including talks from industry professionals, CV workshops and mock interviews.



We want to provide reassurance that we have put stringent measures in place to prevent the spread of COVID-19 within our buildings and protect you, other residents and our on-site teams.

All events and the use of communal areas will be in compliance with government guidelines to ensure your safety.

Speak to your Reception team to find out more.

# Chapter REWARDS party

Celebrate the end of January exams  
at a central London location  
& invite your guests.

## YOU WON'T WANT TO MISS IT

More details coming soon via your monthly event posters & emails.



# WHAT'S ON January

## BREAKFAST MORNING 🧘

Join us for a healthy breakfast to start the New Year off right.

03 ♥ Highbury & Highbury II, Common Areas, 10am

10 ♥ Old Street, Reception, 8am

11 ♥ Islington, Reception, 9am

## 03-07

### SELF-CARE BINGO 🧘

Take part in a 5 day self-care challenge to look after yourself & form a new positive habit.

♥ Aldgate, Reception, All Day

## 06

### ARTS & CRAFTS 💡

Enjoy a peaceful afternoon & get creative to relieve any January pressures.

♥ Lewisham, Study Area, 1pm

### HAPPY NEW YEAR & WELCOME BACK 💡

Catch up with your neighbours in celebration of the New Year.

06 ♥ White City, Common Room, 6pm

28 ♥ Aldgate, Social Area, 6pm

## 07

### VEGAN NIGHT 🌱

Kick start the year by joining us for Veganuary – Come & feast on some vegan specialities.

♥ Portobello, Communal Area, 5pm

## 07

### DE-STRESS MASSAGE 🧘

Stop by for a massage to ease any exam & deadline stress.

♥ South Bank, Sky Lounge, 5pm

## 07

### NOSTALGIC GAMES NIGHT 🎮

Join for a nostalgic games night taking you back a decade.

♥ Spitalfields, Auditorium, 6pm

### YOGA 🧘

Namaste – Relax & breathe it out at our yoga session.

10 ♥ Spitalfields, Auditorium, 10am

15 ♥ Highbury & Highbury II, Common Areas, 12pm

19 ♥ Old Street, Common Room, 6pm

20 ♥ Kings Cross, Gym, 6pm

## 12

### MANICURE SESSION 🧘

You deserve it – Get a relaxing & fabulous manicure on us.

♥ South Bank, Sky Lounge, 5pm

## 13

### PANCAKE COMPETITION 💡

Grab a pancake mix & fry up your own pancakes for a flipping good prize.

♥ Islington, Reception, 12pm

## 13

### MAKE YOUR DREAM COME TRUE DAY 💡

Share your hopes & dreams - Stick them on our magic wall & keep your fingers crossed.

♥ Highbury & Highbury II, Common Areas, All Day

♥ Kings Cross, Reception, All Day



## 13

### SOUND THERAPY 🧘

Therapy with a twist – Stop by to give it a try & take a moment to relax.

♥ Kings Cross, Screening Room, 6pm

♥ Portobello, Communal Area, 5pm

## 14

### PET THERAPY 🐾

What better way to de-stress than with some adorable cuddly pets?

♥ Aldgate, Social Area, 12pm

## 14

### FRIENDS FEST 💡

Enjoy back-to-back episodes of Friends & help yourself to Central Spitalfields coffee.

♥ Spitalfields, Cinema Room, 2pm

## 14

### POSITIVE VIBES 🧘

Enjoy & share positive podcasts to help you re-set for 2022 & surround yourself with positive vibes.

♥ White City, Common Room, All Day

## 15

### NATIONAL BAGEL DAY 💡

Enjoy a free breakfast bagel with the team to start the day off right.

♥ South Bank, Reception, 11am

## 17

### BEAT BLUE MONDAY 🧘

Enjoy a chocolate pick-me-up on what is statistically the bleakest day of the year.

♥ Highbury & Highbury II, Receptions, All Day

♥ Kings Cross, Reception, All Day

## 19

### AFTERNOON TEA & EXAM STRESS TIPS ⚙️

Join us for a classic British afternoon tea & scones while we discuss tips for dealing with exam stress.

♥ Portobello, Communal Area, 4pm

## 19

### DARI (PERSIAN) LESSONS ⚙️

Join us for a masterclass in Persian Dari to broaden your skill set.

♥ White City, Common Room, 5pm

## 19

### PROFESSIONAL WORKOUT SESSION 🧘

Make the most of a personal trainer on us & help raise funds for KIDS Charity.

♥ Highbury & Highbury II, Gym & Common Areas, 2pm

## 20

### FITNESS AFTERNOON 🧘

Time to sweat it out & burn off both calories & January stresses.

♥ Lewisham, Gym, 1pm

♥ Spitalfields, Courtyard, 5pm

## 21

### SIP 'N STROKE 💡

Join our creative painting session with a cocktail in hand to inspire.

♥ Aldgate, Social Area, 6pm

## 24

### JUMANJI GAME 💡

Join us for a Jumanji inspired experience to let off some steam.

♥ Kings Cross, Common Area, 4pm

## 27

### PIZZA CATCH UP 💡

Grab a slice of the action & catch up with your neighbours after the festive break.

♥ Old Street, Reception, All Day

## 27

### TRIP TO OXYGEN 🧘

Time to jump the stress out at Oxygen trampoline park – Secure your spot with Reception.

♥ Portobello, See Reception, 6pm

## 28

### NATIONAL "HAVE A FUN AT WORK DAY" 💡

Beat your Chapter team at a variety of board games for a chance of winning some exciting prizes.

♥ Highbury & Highbury II, Common Areas, All Day

## 28

### NATIONAL LEGO DAY 💡

Lego of any January blues & channel your inner child to celebrate National Lego Day.

♥ White City, Common Room, 6pm

## 29

### MOVIE NIGHT 💡

Join us for a Netflix screening of historical drama Mudbound – Don't forget the popcorn.

♥ Islington, Cinema Room, 6pm

## 29

### FOOTBALL FRIENDLY 💡

A warm up game before the awaited North London tournament against Chapter Highburys & Islington.

♥ Kings Cross, See Reception, 6pm

# WHAT'S ON February



## 01 LUNAR NEW YEAR

Gong hei fat choy! Join us for traditional Chinese treats to celebrate the Year of the Tiger.

- ♥ Highbury & Highbury II, Common Areas
- ♥ Islington, Reception
- ♥ Kings Cross, Reception
- ♥ Lewisham, Games Room
- ♥ Old Street, Reception
- ♥ Portobello, Communal Area
- ♥ South Bank, Sky Lounge
- ♥ Spitalfields, Coffee Bar
- ♥ White City, Common Room

## 02 WORLD CANCER DAY

Shop our Macmillan bake sale to raise money for World Cancer Day.

- ♥ Highbury & Highbury II, Common Areas

## CV & INTERVIEW SKILLS

Get some guidance around what makes a good CV from our business professionals.

- 07 ♥ Spitalfields, Reception
- 18 ♥ Aldgate, Social Area

## 08 REPTILE THERAPY

Join us for a pet therapy session with a twist.

- ♥ South Bank, Sky Lounge

## 10 CARNIVAL DAY

Join us for carnival inspired to celebrate diversity at Chapter.

- ♥ Kings Cross, Common Area

## 12 FOOTBALL FRIENDLY

A warm up game before the awaited North London tournament against Chapter Islington & Kings Cross.

- ♥ Highbury & Highbury II, See Reception



February  
event times to  
be announced  
on your monthly  
event posters

## 14 VALENTINE'S DAY

Enjoy roses & chocolates to treat yourself or a loved one. Laugh & cry to your favourite rom-coms in celebration of Valentine's Day.

- ♥ Aldgate, Cinema Room
- ♥ Highbury & Highbury II, Receptions
- ♥ Islington, Reception
- ♥ Kings Cross, Reception
- ♥ Lewisham, Study Area
- ♥ Old Street, Common Room
- ♥ Portobello, Communal Area
- ♥ South Bank, Reception
- ♥ Spitalfields, Around the Building
- ♥ White City, Common Room

## 17 RANDOM ACTS OF KINDNESS DAY

Celebrating & encouraging random acts of kindness throughout our buildings.

- ♥ Aldgate, Reception
- ♥ Islington, Reception
- ♥ Old Street, Reception
- ♥ Portobello, Reception
- ♥ South Bank, Reception
- ♥ Spitalfields, Around the Building
- ♥ White City, Reception



## 18 LANTERN FESTIVAL

Celebrate World Lantern Day with the team along the Kings Cross canal.

- ♥ Kings Cross, See Reception

## Chapter REWARDS party

Celebrate the end of January exams at a central London location & invite your guests  
More details coming soon

## 23 UNIVERSITY LIFE CHAT & ADVICE

Join guest speakers from University Career & Welfare departments & students giving hints & tips around uni life.

- ♥ White City, Common Room

## 24 FRENCH LESSONS

Fancy adding another language to your CV? Join us for a beginners class in French.

- ♥ Portobello, Lounge Area

## 25 PAMPER DAY

Stop by for free manicures & mini massages to help you relax.

- ♥ Aldgate, Social Area

## 26 FOOTBALL CHAMPIONSHIP

The battle of North London to find the champions of Highburys vs Islington vs Kings Cross.

- ♥ Highbury & Highbury II, See Reception
- ♥ Islington, See Reception
- ♥ Kings Cross, See Reception

# WHAT'S ON March



## 01 PANCAKE DAY

Celebrate with a delicious pancakes & scrumptious flavours to choose between.

- ♥ Highbury & Highbury II, Courtyard
- ♥ Kings Cross, Reception
- ♥ Portobello, Communal Area
- ♥ South Bank, Sky Lounge
- ♥ Spitalfields, Coffee Bar

## 02 WORLD TEEN MENTAL WELLNESS DAY

Check in with the team for details around handy services, support groups & mindfulness tools.

- ♥ South Bank, Reception

## 03 WORLD BOOK DAY

You are the reader – Swap inspiring literature & recommendations with your Chapter team & neighbours.

- ♥ Aldgate, Reception
- ♥ Highbury & Highbury II, Common Areas
- ♥ Islington, Reception
- ♥ Old Street, Study Room
- ♥ Portobello, Communal Area
- ♥ South Bank, Reception
- ♥ White City, Common Room

## HOLI FESTIVAL

Join us for an explosion of colours to celebrate the start of Spring.

- 09 ♥ Spitalfields, Courtyard
- 18 ♥ Aldgate, Social Area
- 18 ♥ White City, Courtyard
- 19 ♥ Highbury & Highbury II, Courtyards
  - ♥ Islington, Courtyard
  - ♥ Kings Cross, Reception
  - ♥ Lewisham, Study Area
  - ♥ Old Street, Courtyard
  - ♥ Portobello, Communal Area
  - ♥ South Bank, Sky Lounge
  - ♥ White City, Courtyard



# International Women's day

## 08 INTERNATIONAL WOMEN'S DAY

Celebrating the empowering women who make up our history, residents & team members.

- ♥ Aldgate, Reception
- ♥ Highbury & Highbury II, Receptions
- ♥ Islington, Reception
- ♥ Kings Cross, Cinema Room
- ♥ Lewisham, Reception
- ♥ Old Street, Common Room
- ♥ Portobello, Cinema Room
- ♥ Spitalfields, Reception
- ♥ White City, Common Room



## 17 ST PATRICKS DAY

Celebrating the lucky Irish holiday with festive treats & activities.

- ♥ Islington, Reception
- ♥ Lewisham, Study Area
- ♥ Old Street, Reception
- ♥ Portobello, Communal Area
- ♥ South Bank, Sky Lounge
- ♥ Spitalfields, 32nd Floor Bar
- ♥ White City, Common Room

## 18 RED NOSE DAY

Collect a red nose & make a donation to Children in Need.

- ♥ Islington, Reception

## 23 PUPPY THERAPY

What better way to de-stress than with some adorable cuddly pets?

- ♥ Kings Cross, Common Area

## 24 ORGANIC VEGETABLE MARKET

Time to welcome Spring with some organic fresh fruits & delicious vegetables.

- ♥ Highbury & Highbury II, Courtyard

## 25 CANAL TOURS

Join us for a tour around the Kings Cross canal to see the city from a different perspective.

- ♥ Kings Cross, See Reception

## 25 FIFA TOURNAMENT

Battle it out to crown the ultimate FIFA champion & win an exciting prize.

- ♥ Aldgate, Cinema Room

## 27 EARTH HOUR

Join us in turning off all non-essential lights & electrics for an hour in support of WWF.

- ♥ Portobello, Around the Building
- ♥ White City, Around the Building



# WHAT'S ON April



**02 START OF RAMADAN** 🤍  
Join us to celebrate & show support for the beginning of Ramadan.  
♥ Highbury & Highbury II, Common Areas  
♥ Kings Cross, Common Area  
♥ Old Street, Common Room  
♥ Portobello, Communal Area  
♥ South Bank, Sky Lounge  
♥ Spitalfields, Auditorium  
♥ White City, Common Room

Ramadan

**01 PAINT PARTY** 💡  
Unleash your colourful self at our interactive paint party - Secure your spot with Reception.  
♥ Highbury & Highbury II, Common Areas

**03 BOAT RACE** ⚓  
Join us along the River Thames to watch one of the world's oldest sporting events.  
♥ Kings Cross, See Reception

**06 WORLD EARTH DAY NATURE TRIP** 🌿  
Join our nature inspired trip to a London museum for World Earth Day – See Reception for details.  
♥ Islington, See Reception

**07 NATIONAL BURRITO DAY** 🌮  
Enjoy a free burrito with the team to start the day off right.  
♥ South Bank, Reception

**07 LIVE MUSIC** 🎵  
Buy a drink at the bar & enjoy an intimate acoustic live singer overlooking the London skyline.  
♥ Spitalfields, 32nd Floor Bar

**14 SONGKRAN** 🇹🇭  
Happy Thai New Year! Enjoy Thai food & decorations throughout the day.  
♥ Highbury & Highbury II, Common Areas



**EASTER WEEKEND** 🐰  
Celebrating Spring with colourful egg hunts, treats & Easter activities.

15 ♥ Portobello, Communal Area  
15 ♥ Spitalfields, Reception  
15-16 ♥ Kings Cross, Around the Building  
15-18 ♥ Old Street, Reception  
15-18 ♥ South Bank, Sky Lounge  
16 ♥ Highbury & Highbury II, Common Areas  
17 ♥ Aldgate, Around the Building  
17 ♥ Lewisham, Study Area  
17 ♥ White City, Around the Building  
18 ♥ Islington, Around the Building

**20 EMPLOYABILITY WORKSHOP** 🎓  
Book a session with the management team for advice on how to build your CV.  
♥ Kings Cross, Reception

**21 PERSIAN NEW YEAR** 🇮🇷  
Join us to celebrate Persian culture with traditional treats & activities.  
♥ Lewisham, Reception

**22 WORLD EARTH DAY** 🌿  
Show your support for environmental protection with the team.  
♥ Aldgate, Reception  
♥ Lewisham, Reception  
♥ Old Street, Courtyard  
♥ Portobello, Communal Area  
♥ South Bank, Sky Lounge  
♥ White City, Reception

**25 EXAM PREPARATION** 📚  
Join us to celebrate Persian culture with traditional treats & activities.  
♥ Old Street, Study Room

**28 PIZZA NIGHT** 🍕  
Grab a slice of the action with your neighbours for a cheesy evening.  
♥ Kings Cross, Study Room

**28 DARI (PERSIAN) LESSONS** 🎓  
Join us for a masterclass in Persian Dari to broaden your skill set.  
♥ Portobello, Communal Area

**28 MARVEL MARATHON** 🎬  
Grab some popcorn & watch your favourite superheroes in action.  
♥ Spitalfields, Cinema Room

**29 COCKTAIL MAKING CLASS** 🍹  
Become your own mixologist & create a tasty sharing cocktail via our step-by-step guide.  
♥ Aldgate, Social Area

**29 EID WEEKEND** 🌙  
Celebrating Eid across the weekend with dates, fresh fruits & traditional dishes.  
♥ Islington, Reception

April  
event times to be announced on your monthly event posters

# Online resident experience platform

## Enjoy exclusive access to a wide range of virtual and on-demand events.

As a Chapter resident, you have exclusive access to our Online Resident Experience Platform via the **Chapter Service app**.

Keep active, learn new things and explore interesting places, all from the safety and comfort of your room.

We're here to help you to be your best self through our virtual events and on-demand content.

## VIRTUAL EVENTS

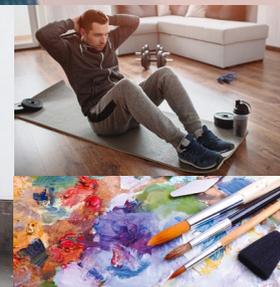
Alongside our on-site events, we'll be hosting regular virtual events so you can get involved with your Chapter community when you don't feel like leaving your room.

From online fitness sessions and art courses, to cookery classes and live music, we've got you covered.

## ON-DEMAND CONTENT

Learn a new skill and discover interesting places from around the world through our on-demand content.

Access a range of online tours, skills and development classes, plus keep on top of your wellbeing with our mindfulness tips.



## Regular updates

We'll be updating the platform regularly, so check in frequently to keep up to date. **DOWNLOAD THE CHAPTER SERVICE APP NOW.**



# Cycling around London

Are you a keen cyclist with a bike that you'll use to get to university and back?

All Chapters have bike storage for you, speak with the team at reception if you're unsure of where yours is located.

Want to cycle more in London?

Pick up a form at any Chapter reception to find out how you can get involved.

## WANT TO CYCLE BUT DON'T OWN A BIKE YET?

Transport for London run a bike hire scheme in collaboration with Santander with more than 11,500 bikes at over 750 docking stations across London. Simply pick a bike up at the closest docking station to your Chapter, and drop it off at the closest station to your university.

**Costs:** £2 to access the bikes for 24 hours.

You can make as many journeys as you like within this time, and the first 30 minutes of each journey is included. Longer journeys cost £2 for each extra 30 minutes or less.



Visit <https://tfl.gov.uk/modes/cycling/santander-cycles> for more information including docking station locations, free cycle guides, leisure routes and cycle superhighways.

CHAPTER

LONDON

BE  
YOUR  
BEST  
SELF

